Personal Items

- toothbrush and toiletries
- toilet paper
- biodegradable soap
- Headlamp flashlight (highly recommended)
- lightweight towel (microfibre)
- insect repellent / (bug-proof shirt or hat*)
- earplugs*
- binoculars*
- camera and accessories*
- Tefillin
- Small siddur weekday and Shabbos
- Small notebook and pen/pencils
- ipod/music*
- Light reading materials*
- Knife*
- Fishing rod and accessories*

- Sandals or water shoes*
- hiking boots
- socks
- underwear
- quick-drying pants or shorts
- wicking base layer top and bottoms
- short-sleeved top
- lightweight long-sleeved shirt (for sun protection)
- fleece or insulating top or jacket
- warm pants (sweat pants)
- sweater
- sun hat
- rainwear pants and jacket
- Sleeping bag*
- Sunglasses*
- Shabbos Clothing
- Dry Bag 20 - 30L

Everyone is encouraged to check out the article on www.campsoul.org to gain better insight into packing for a canoe trip. It can be found under the registration tab, titled packing list.
Everyone is encouraged to pack as lightly as possible. The lighter the load the more they will be able to focus their energy on the scenery :) . Ideally 2 pairs of clothing and daily undergarments are recommended. Additional clothing is welcome for the weekends. Any questions please email me at info.campsoul@gmail.com

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